

A-Rest Adjustable Footrest



Footrests help to relieve weight from your lower back and assist in improving your working posture. Footrests can also relieve pressure from the thighs, allowing for better circulation. There are two critical things to look for in a good footrest, these are:

Durability - Because pressure is applied on a footrest all day, it must stand up to being banged around and pushed on. For this reason, the materials used to make the footrest should be sturdy and the less plastic involved the better.

Adjustability - Because people come in all shapes and sizes, it is important that a footrest is highly adjustable to suit a user's personal preferences. Ideally the height and slope of the footrest can be adjusted at both the front and rear of the footrest.

These footrests are made in New Zealand from metal frames with ribbed commercial grade carpet tiles on tread surfaces. They have a fail-proof metal screw adjustment system and their 5-year warranty is testament that these footrests are built to last. They are height and slope adjustable on all four legs, resulting in a large range of possible height/slope combinations and the real carpet tread feels great underfoot.

Two sizes available:

Standard Board Size: 450mm x 350mm

Wide Board Size: 700mm x 350mm

Weight Rating: Leg support for people up to 120kg

Adjustable Height/Tilt Range: 70mm – 185mm

Warranty: 5-years



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